

POWER SQUAT
JPL-133

◆ Experience unmatched strength gains with our Power Squat Machine. This machine offers a dynamic and efficient way to target the quadriceps, hamstrings, and glutes. Its heavy-duty frame and adjustable settings accommodate users of all sizes and fitness levels. With its smooth and controlled motion, users can safely push their limits and maximize muscle activation.

◆ **DIMENSION:**
Length : 78 inches / 198 cms
Width : 66 inches / 168 cms
Height : 66 inches / 168 cms

◆ **MUSCLE WORKED:**
Glutes
Hamstrings

